

PEACE COUNCIL GUIDE



WHAT IS PEACE?

Peace is a blissful vibration that dissolves all internal + external conflict.

Peace has not been able to be anchored in on Planet Earth due to the excessive vibrations of conflict.

Humanity embodies internal conflict via the following:

- *Conflict between the internal masculine + feminine energies
- *Conflict between the mind + the heart
- *Conflict between self accountability + external blame/projection
- *Conflict between the soul + the human personality
- *Conflict between emotions + thoughts
- *Conflicts between self-love/acceptance + outer conditions/belief systems

WHAT IS PEACE?

Due to the levels of inner conflict within Humanity, this creates outer conflict between beings, communities, nations, + collectives.

This has resulted in deep conflict between:

*Masculine + Feminine

*Religions

*Races

*Nations

*Right + Left

In order to dissolve all conflict on Planet Earth, we must first embody peace WITHIN. As we heal our inner conflict with self, all external conflicts naturally + organically come into resolution.

Peace is a vibration that all of Humanity must learn to embody.

VIBRATIONAL SCALE

On the vibrational scale of emotions, all emotions under 200 operate as life-draining frequencies. When we hold onto these emotions, not allowing them to process and transmute, we stay in a life-draining state which creates pain, illness + disease.

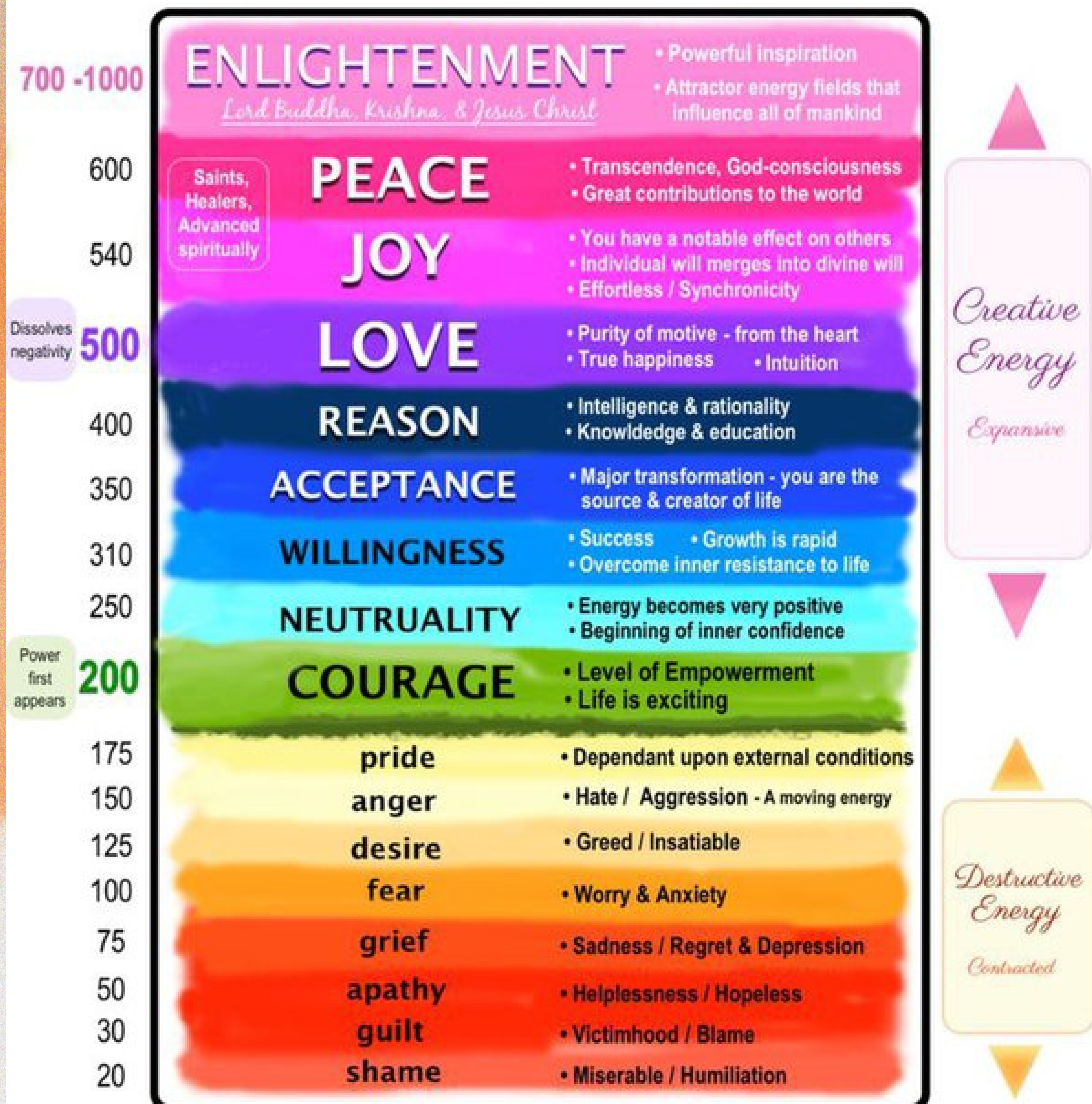
When we allow these lower emotional states to dictate our choices, behaviors + responses, we create external conflict and dysfunction.

Peace vibrates at level 600, which is just above the vibration of unconditional love at 500. All of Humanity is working towards embodying + anchoring in these higher emotional states in order to transmute all of the life-draining frequencies on the planet.

VIBRATIONAL SCALE

Map of Consciousness Levels

from David R. Hawkins *Power vs. Force*



NOTE: A person may operate on one level in any given area of life. An individual's overall level of consciousness is the sum total effect of all levels.

PEACE COUNCIL GUIDE

The Peace Council is made up of beings across the Planet whose mission + soul purpose is to bring peace + resolution to the conflicts within Humanity.

All of Humanity is responsible for learning to process + transmute their lower emotional states, and to resolve inner conflict.

The Peace Council Members work as guides + meditators to teach and guide Humanity through inner + outer conflict resolution and healing.

By utilizing tools for processing emotions, taking accountability, + transmuting all conflict into peace, we will cleanse the planet of all dysfunction.

RESOLVING INNER CONFLICT

Resolving inner conflict begins by acknowledging the different aspects of self that are seeking love, acceptance, + harmony.

The first step is discerning whether there is an EGO want/need/desire that is in conflict with the soul.

The next step is discerning whether there is an inner conflict between the inner masculine that seeks to DO and the inner feminine which seeks to BE

The next step is discerning whether there is lack of accountability or blame/projection occurring due to wounding

RESOLVING INNER CONFLICT

The next step is to discern if there is a conflict between what you are thinking + what you are feeling

The next step is to discern if your human personality + patterns is in conflict with what the heart is calling for you to do/express

The final step is to discern whether there is a conflict between parts of self that are seeking to be accepted/healed/integrated + external belief systems or judgment

Once these have been discerned, we move onto using the tools + techniques in order to dissolve all conflicting energies and distortions before moving into harmonization and resolution with another being or beings

TOOLS + TECHNIQUES

The following tools + techniques can be utilized to resolve and heal inner conflicts:

- *Take full accountability for all of your thoughts, emotions, reactions, blame + projections

- *The next step is to cut chords with all EGO thoughts, wants, needs + desires and re-attach all chords to unconditional love

- *The next step is clear your energetic field through breathe work, grounding + centering yourself into your heart

 - *Forgive yourself, all others + all experiences

- *Finally, connect to your higher self and ask for guidance on what the best + highest outcome for all involved in any external conflicts

MANTRAS

I take nothing personal

I cut chords with everyone + everything
and all events and re attach all of my
energetic chords to everything that is
whole pure true in resonance with love
magical moments and sync events

I am centered within my being

I am grounded into the core of Mother
Earth + connected to Spirit

I clear all distortions from my field and ask
for only pure whole truth to be present
within my field

I dissolve all blame, judgement, anger, and
resentment and I take full accountability
for myself and my energy.

MANTRAS

I dissolve all past and future, I am in the present moment of now.

I forgive myself, all others and all events

I surrender fully to the present moment if now

I accept, embrace and allow all things

I do not force, because I AM a force

I am divinely guided, protected and provided for in every moment. When I allow myself to receive what's meant for me, I eliminate all that is not. I trust my higher self.

ANCHORING PEACE

Peace is a natural by-product of dissolving all inner conflict with self, + all conflict between self and the external world.

The more we each take accountability for creating our own inner peace, the greater our ability to dissolve all external conflicts.

To anchor in peace, one must practice the self-love disciplines, learn to discern the state of inner conflict + work to heal + harmonize it.

One may also practice the art of meditation + conscious breathe work to focus on anchoring and feeling the vibrations of peace within the body + cells.

The greater amount of peace we can cultivate, the more peace we anchor in on Planet Earth.