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# EGO DEATH CEREMONY GUIDE

A GUIDE TO EGO  
DISSOLVEMENT &  
TRANSFORMATION



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# What is the EGO?



Humanity has no self-sustaining Source connection because they are still in the illusion of separation from God and from the Oneness energies. The biggest addiction on this planet is to energy. This was the product of the EGO program constantly needing to steal energy from others in order to continue to survive. This is done through control dramas and trying to manipulate and power-over others. The EGO feels entitled to things, especially the energy of others. The EGO believes it deserves something from everyone. This is the flip that keeps humanity in lack consciousness and unwilling to give to others. In true reality, everything is an equal energy exchange. Universal law states that when you give, you receive. When one is living in the heart, in love, it gives freely out of love and receives abundance in return.



The ego expects others to do the work, and feels that they have “done enough” or “its not my problem”. That is the disease of separation. The EGO is cut off from feeling so it has no awareness of what is going on around them, which is the opposite of love who has full feeling and consciousness in all moments.

The EGO always needs to know things, as it has no trust or faith. It is always asking the same questions when it already has the answers because it wants proof. True love trusts in God and the divine plan and has full faith that they will be taken care of.



# EGO Death Ceremony

Write out your EGO Death Ceremony & include all EGO traits you know need to dissolve. Then burn your ceremony with intention & allow the energy to release.

An example ceremony is below:

~  
"Beautiful Angels

I am so thankful for all your Loving support and Guidance. I am so grateful that my E.G.O has died. That all remaining false, illusionary E.G.O programming has been transmuted in accordance with the Highest Will. That my Right brain has overtaken my Left Brain. That my Pineal Gland has come ONLINE and has been activated. Thank you Angels! I love you! I release the following E.G.O traits...."

## Reflect on the following EGO Traits & which ones you feel you need to transform

LACK OF WISDOM

ATTACHMENT: To people, places and things

LACK OF EXPERIENCE

TAKING: from Humanity & The Planet

LACK OF COMPASSION

INCUBUS & SUCCUBUS ENERGY: The taking of energy through words, touch, sex and other abilities

LACK OF PASSION

LACK OF PERCEPTION

CHILDHOOD TRAUMA

LACK OF INTEGRITY

CHILDISH BEHAVIOR

LACK OF HONOR

ROBOTIC HABITS & BEHAVIOR

LACK OF EMPATHY

DISRESPECT or HATRED TOWARDS THE FEMININE or MASCULINE

LACK OF FEELINGS

LACK OF SELF-LOVE

PREFERENCE TO PAIN & SUFFERING: Due to Unworthiness

UNWORTHINESS

SUPERIORITY

IGNORANCE: Ignoring LOVE

THINKING YOU KNOW BETTER

ARROGANCE



# EGO Death Ceremony

Fire is an important element to use with transformation as fire purifies, releases & renews

An example ceremony is below:

~  
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## Reflect on the following EGO Traits & which ones you feel you need to transform

GOSSIP

ENTITLEMENT

JEALOUSY

SELF IMPORTANCE

VANITY

DELUSIONS OF GRANDEUR

LACK OF BEAUTY

FANTASY

DESIRE

NEEDING TO BE RIGHT

VALIDATION

CONTROLLING

WANTING TO FOLLOW OR BE FOLLOWED

UNGRATEFUL

FAKE

NO ACCOUNTABILITY

REVERENCE OF THE MIND

POVERTY CONSCIOUSNESS: Always thinking in lack

REVERANCE OF ANIMALS

ADDICTION TO SUGAR

JUSTIFICATION

LINEAR THINKING AND ACTING

PROCRASTINATION

EXTERNALIZATION/PROJECTION

BARGAINING

PRINCESS CONDITIONING



# EGO Death Ceremony

After you burn your ceremony, you will likely experience emotions, triggers & old memories or habits come up. This is the energy coming up for healing as you have brought awareness which allows the transformation of consciousness.

An example ceremony is below:

~  
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## Reflect on the following EGO Traits & which ones you feel you need to transform

- \*BITCH CONDITIONING
- \*ASSHOLE CONDITIONING
- ANAL-RETENTIVE
- SEVERE IMPATIENCE
- EASILY DISTRACTED
- QUITTER
- INCONSISTENT
- COMPLAINING
- LAZINESS
- COMPLACENT
- REACTIVE
- JUDGMENT
- DENIAL
- CONTROL DRAMAS
- INTIMIDATOR
- ALOOF
- INTERROGATOR
- VICTIM/POOR ME

